



Form 1: Camper Health History (To be completed by Parent or Guardian)

Camper Information:

Camper Name: _____
(Last Name) (First Name) (Middle Initial)

Camper Address: _____
(Street) (City/Town) (State) (Zip Code)

Date of Birth: _____ Age: _____ Gender: _____
(MM/DD/YY)

Parent(s)/Guardian(s) with legal custody to contact in case of illness or injury:

(1) Name: _____ Relationship: _____
(Last Name) (First Name)

Address: _____

Phone: _____ Cell: _____ Email: _____

(2) Name: _____ Relationship: _____
(Last Name) (First Name)

Phone: _____ Cell: _____ Email: _____

Emergency Contact:

(3) Name: _____ Relationship: _____
(Last Name) (First Name)

Phone: _____ Cell: _____ Email: _____

Camper's Health Care Providers

(1) Pediatrician/Primary Care Provider

Name: _____ Phone: _____

(2) Dentist

Name: _____ Phone: _____

(3) Orthodontist

Name: _____ Phone: _____

Medical Insurance Information

This camper is covered by family medical/hospital insurance: Yes No

Include a copy of your insurance card; copy both sides of the card so information is legible

Insurance Company: _____ Grp/Policy#: _____

Subscriber: _____ Ins. Co
Phone #: _____

Camper Name: _____
(Last Name) (First Name) (Middle Initial)

Date of Birth: _____
(MM/DD/YY)

General Health History:

Check "Yes" or "No" for each statement. Explain "Yes" answers below.

Within the last 12 months has the camper:

- | | | | | | |
|---|------------------------------|-----------------------------|---|------------------------------|-----------------------------|
| 1. Been hospitalized/had surgery? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 12. Chest pain during exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Have recurrent/chronic illnesses? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 13. Had back/joint problems? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Had a recent infectious disease? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 14. Had history of fractures/sprains? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Had a recent injury? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 15. Had mononucleosis/mono? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Had asthma/wheezing/shortness of breath? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 16. If female, have problems with periods/menstruation? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Have diabetes? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 17. Have difficulty sleeping/sleepwalking? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Had epilepsy/seizures? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 18. Have history of bedwetting? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Had headaches/migraines? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 19. Have problems with diarrhea/constipation? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Wear glasses, contacts, or protective eyewear? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 20. Had skin sensitivities/eczema/psoriasis? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Had fainting/dizziness/vertigo? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 21. Traveled outside the country? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Had a concussion? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | |

Please explain the "Yes" answers on the space below. For Travel outside the country, please name the countries visited and dates of travel:

Mental, Emotional, and Social Health:

Check "Yes" or "No" for each statement. Explain "Yes" answers below.

Has the camper:

- | | | |
|---|------------------------------|-----------------------------|
| 22. Been treated for Attention Deficit Disorder (ADD)/Attention Deficit-Hyperactivity Disorder (ADHD)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 23. Been treated for Anxiety, Depression, Bipolar disorder, or emotional or behavioral difficulties? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 24. Been treated for an eating disorder (Anorexia, Bulimia, etc)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 25. During the past 12 months, seen a professional to address mental/emotional health concerns? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 26. Had a significant life event that continues to affect the camper's life?
(History of abuse, trauma, death of a loved one, family change, adoption, foster care, new sibling, survived a disaster, etc) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Please explain the "Yes" answers on the space below:

Diet/Nutrition:

Information to be provided to the camp Kitchen Staff

- | | | |
|---|--------------------------------------|---|
| <input type="checkbox"/> No Diet Restrictions | <input type="checkbox"/> Vegan | <input type="checkbox"/> Lactose Intolerant |
| <input type="checkbox"/> Vegetarian | <input type="checkbox"/> Gluten Free | <input type="checkbox"/> Other (Specify): |

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What Have We Forgotten to Ask?

Please provide in the space below any additional information about the camper’s Physical, Emotional, and Mental health that may affect the camper’s ability to fully participate in the camp program.

Attestations:

Medications:

I confirm that it is my responsibility as parent/guardian to submit all medications (prescribed and over the counter), supplements, vitamins, and ointments to the camp nurse at check-in, and that it will be accompanied by a written order from a Licensed Medical Professional (MD, NP or PA) to be dispensed by the camp nurse to the camper for the duration of the program. I understand that any medications (prescribed and over the counter), supplements, vitamins, and ointments found in the possession of a camper, is subject to confiscation. I attest that my inability to provide appropriate documentation by a Licensed Medical Professional may result in the delay of the medication administration, of which the camp nurse and staff will not be held accountable.

Restrictions (Please choose ONE of the following):

- I have reviewed the program and activities of the camp and feel the camper can participate in camp activities **WITHOUT** restrictions.
- I have reviewed the program and activities of the camp and feel the camp the camper can participate in camp activities with the following restrictions (Please specify below or with an attachment):

Parent/Guardian Signature (Month/Day/Year) Relationship

Parent/Guardian Authorization for Health Care:

This health history is correct and accurately reflects the health status of the camper to whom it pertains, and that no information is being withheld. The camper described has permission to participate in all camp activities except as noted by me and/or an examining physician. I give permission to the Licensed Medical Professional selected by the camp to order x-rays, routine tests, and treatment related to the health of the camper for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the Licensed Medical Professional to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this camper. I understand the information on this form will be shared on a “need to know” basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of the camper’s health record from providers who treat my camper, and these providers may talk with the program’s staff about my camper’s health status.

Parent/Guardian Signature (Month/Day/Year) Relationship