

COVID-19 PLAYBOOK

WOMEN IN THE WOODS 2022



GUIDING PRINCIPLES

Ma-He-Tu will adopt these guiding principles in our approach to COVID-19 at Women in the Woods:

- Remaining Outdoors
- Masking Indoors (if needed)
- Testing
- Distancing
- Communicating
- Remaining in Camp

PRIOR TO CAMP

To minimize potential exposure, throughout the 10 days prior to camp arrival, all participants should:

- Monitor for **symptoms** of COVID-19
- Maintain social **distancing**
- Wear a face **mask** covering when in public
- **Avoid** extended periods in public, contact with strangers, and large congregate settings like concerts and weddings

TESTING

All participants must bring proof of a **negative** polymerase chain reaction (PCR) diagnostic test taken **within 72 hours** of reporting to camp. Please be prepared to obtain or perform a test that guarantees proof of results within the given time frame. There are rapid PCR tests available which are acceptable if they are **PCR** tests (and not Antigen tests). We will **not** accept antigen, rapid antigen, at-home test results, or antibody results. PCR tests should be performed **no earlier than** the below dates:

- For Arrival on **Saturday**: Test no earlier than **Wed, August 10**
- For Arrival on **Sunday**: Test no earlier than **Thurs, August 11**
- For Arrival on **Monday**: Test no earlier than **Fri, August 12**
- For Arrival on **Tuesday**: Test no earlier than **Sat, August 13**

***** If anyone in your party has recovered from COVID-19 in the past 90 days, please contact camp at igoe@mahetu.org for further testing guidance *****

ARRIVAL AT CAMP

Do **NOT** come to camp if you or anyone in your party is showing signs of illness.

HEALTH SCREENING

- ✓ All participants will have their **temperatures** checked during check-in.
- ✓ All participants will be asked COVID-19 screening **questions**.
- ✓ **Vaccinated** participants need to provide proof of having completed the COVID-19 vaccination. Vaccination cards can be uploaded to your Active account or emailed to info@mahetu.org
- ✓ **ALL participants** must present documentation of their **negative** COVID-19 polymerase chain reaction (**PCR**) diagnostic test performed within the **last 72 hours**.
- ✓ **ALL participants** will be given a **Rapid Antigen test**.

Anyone who does not successfully complete the screening will be instructed to return home.



WHILE AT CAMP

SOCIAL DISTANCING

Distancing continues to play a crucial role in mitigating spread. Therefore, **we will:**

- Lower **capacity** to ensure sleeping arrangements are physically distanced.
- Have beds at least six feet apart and arranged sleeping **head to toe**.
- Have as much of our fun **outdoors** as possible!

TESTING

- We will have additional **Rapid tests available** should we feel we need to use them.

MASKING UP

- All participants should bring **well-fitting** masks *in case* a need for masking arises.

MAINTAINING THE BUBBLE

- We **strongly encourage** all participants to **stay on-site** for the duration of their stay to minimize their risk of exposure.

SUSPECTED OR POSITIVE COVID-19 AT CAMP

- First, please **do not** come to camp if you or anyone in your family has any symptoms of COVID-19.
- **Call the camp nurse** at **(845) 947-2580** if anyone in your immediate family displays symptoms of COVID-19, tests positive, or has been exposed to anyone with symptoms or a confirmed or suspected case.
- If someone at camp shows symptoms, they will be **isolated immediately**, cared for, and given a rapid COVID-19 test.
 - A participant with a positive test result must leave camp. Contact tracing will begin at the first sign of symptoms and may result in other participants leaving camp.
- We will transport sick individuals to a hospital if symptoms become severe.

THANK YOU

Thank you for reading and taking the threat of COVID-19 seriously.

Thank you for helping us keep everyone safe and healthy at camp.

This document was last updated on 8/3/2022.