



COMMUNICABLE AND INFECTIOUS DISEASE PLAN

COMPLIANCE STANDARDS

We closely follow the recommendations put forth by the [American Camp Association](#), the [Association of Camp Nursing](#), the [Centers for Disease Control](#), and the [New York State Department of Health](#).

The procedures, policies, and requirements we have outlined below have come **directly** from those guidelines. Please reference the linked documentation if you would like more information about how we formed our policies for this year.

GUIDING PRINCIPLES

Ma-He-Tu will adopt these guiding principles in our approach to communicable and infectious diseases. They are:

- Being **aware** of infectious diseases that are prevalent in our area as the camping season gets underway and continuing to monitor these conditions throughout the summer, paying particular attention to COVID-19, Flu, RSV, Norovirus, and Lyme disease.
- Emphasizing **outdoor** programming
- **Testing** and quarantining, when indicated
- Promoting **hand washing** and/or sanitizing
- Regularly **cleaning** and disinfecting highly touched surfaces
- **Communicating**

VACCINES

PLEASE! PLEASE! PLEASE! ALL campers are now eligible for a COVID-19 vaccine.

We highly recommend your camper be **fully vaccinated at least 14 days prior** to her arrival at camp. Widespread vaccination is a critical tool to help mitigate the spread of COVID -19 at places like camp. The [CDC recommends](#) everyone 5 years and older stay up to date with COVID-19 vaccinations and boosters.

Each camper's medical record must include proof of immunization against diphtheria, tetanus, pertussis, poliomyelitis, measles, mumps, rubella, varicella, hepatitis B, pneumococcal disease and haemophiles influenzae type b (Hib). Exemptions can only be granted upon submission of appropriate documentation from a physician licensed in the State of New York.

PRIOR TO CAMP

BEHAVIOR AWARENESS AND HEALTH SURVEILLANCE

To minimize potential exposure, throughout the 10 days prior to camp arrival, campers and their families should monitor for **symptoms** of communicable and infectious diseases, such as the flu, “stomach bugs”, RSV, and COVID-19.

HEALTH FORMS

All forms must be uploaded to your UltraCamp account for review **no later than 4 WEEKS** prior to the **session start date**. Please visit our [Forms & Documents](#) page on our website for instructions.

ARRIVAL AT CAMP

DO NOT BRING YOUR CAMPER IF SHE HAS ANY SIGNS OF ILLNESS.

HEALTH SCREENING

All campers will have their **temperatures** checked during check-in.

The following questions will be asked of all campers:

- Has the camper knowingly been in close or proximate contact in the past 10 days with anyone who has tested positive for, or who has or had symptoms of, communicable or infectious diseases?
- Has the camper experienced any symptoms of communicable or infectious diseases including a temperature of greater than 100.4 degrees in the past 10 days?

Anyone who does not successfully complete the screening will be instructed to return home and contact their healthcare provider for assistance and testing.

COMMUNICABLE AND INFECTIOUS DISEASES PROTOCOLS AGREEMENT

Camper parents/guardians must sign an agreement that:

- My camper may be tested for COVID-19 and other communicable and infectious diseases on-site during the camp session.
- My camper may be quarantined/isolated onsite until she can be removed from camp.
- I am responsible for picking her up and removing her from camp within 6 hours of given notice by Camp Ma-He-Tu. I understand that she may be picked up by a parent, guardian, or designee, as specified in the Authorized Pick-Ups section of UltraCamp. If the person assigned to pick up my camper has tested positive for or is exhibiting symptoms of any communicable or infectious disease, I understand that they cannot come to camp. An alternative person will pick up my camper.
- I will not send my camper if she is experiencing symptoms or has been exposed to any communicable and infectious diseases within 5 days of attending camp.
- If I become aware that my camper had close contact with a person with communicable and infectious diseases or if anyone in my camper’s immediate family displays symptoms of communicable and infectious diseases, tests positive, or has been exposed to anyone with symptoms or a confirmed or suspected disease, I will inform Camp Ma- He-Tu immediately.

WHILE AT CAMP

ON-GOING MONITORING

All campers will be **screened** regularly while at camp. We will be doing daily health checks for symptoms,

KEEPING IT CLEAN

- Campers and staff will wash or sanitize their hands before every meal.
- We will increase the amount of hand washing and hand sanitizer stations we have around camp.
- We will increase cleaning and disinfecting any frequently touched surfaces in communal spaces. We'll do the same to any supplies or equipment between uses.

SUSPECTED OR POSITIVE CASES AT CAMP

- First, please **do not** send your camper if she or anyone in her family has any symptoms of a communicable or infectious disease.
- **Call the camp nurse** at **(845) 947-2580** if anyone in the camper's immediate family displays symptoms of a communicable or infectious disease, tests positive, or has been exposed to anyone with symptoms or a confirmed or suspected case.
- If someone at camp shows symptoms, they will be **isolated immediately**, cared for, given a rapid COVID-19 test, or screened for other communicable or infectious diseases.
 - A camper with a positive test for COVID-19 will remain isolated and must leave camp within 6 hours. Contact tracing will begin at the first sign of symptoms and may result in other campers leaving camp. Other communicable or infectious diseases will be dealt with as deemed appropriate by the Camp Nurse.
- Per the signed **Communicable and Infectious Diseases Protocols Agreement**, it is imperative that someone is available to pick up your camper within **6 hours** if it is necessary for her to leave camp.
- We will transport sick individuals to a hospital if symptoms become severe.

THANK YOU

Please share these policies and procedures with your camper and ensure they understand them.

Thank you for taking the threat of communicable and infectious diseases seriously and for helping us keep your campers safe and healthy at camp.

This document was last updated 5/19/2023.